



Rita Ellithorpe, M.D.

August 8, 2008

Mr. John Casey, CEO  
Nutritionals Therapeutics, Inc.  
366 Veterans Memorial Hwy, Suite 9  
Commack, New York 11725

Dear Mr. Casey:

This letter is in regard to Tustin Longevity Center's safety experience with HealthyCurb containing NT Factor. We have recommended HealthyCurb in our clinic to several hundred patients over the last nine months and currently continue to do so. There were no reported adverse effects or reactions to HealthyCurb to date. In fact, mostly all of my patients experience beneficial outcomes.

Recently, my clinic was involved in a clinical trial consisting of 30 patients with HealthyCurb. We thoroughly examined comprehensive blood panels on all participants which showed no aberrant shifts of normal ranges during the length of the study. There were also no reported side effects, no drug/nutrient interactions or complaints of digestive disturbances. In fact, we saw clinically significant improvements in lipid profiles on the vast majority of the subjects, improved overall energy levels, marked appetite suppression, weight loss as well as waist and hip size reductions. After completion of the study, all participants expressed their desire to remain on the product. This was reconfirmed in exit interviews several weeks post trial.

In my opinion, I firmly believe that HealthyCurb is safe and effective as observed with my patients in general and within highly monitored and scrutinized clinical studies.

Sincerely,

A handwritten signature in cursive script, reading "Rita Ellithorpe, MD". The signature is fluid and professional, with the first letters of the first and last names being capitalized and prominent.

Rita Ellithorpe, MD, Medical Director  
Tustin Longevity Center